

The Mercy Circle of Caring®

Mercy Hospitals Present

Get a Leg Up: Preventing and Treating Knee, Ankle and Foot Injuries

Join Mercy to find out not only how to treat knee, ankle and foot injuries — but how to prevent them.

You'll receive valuable information from podiatrist **Dr. Renee Ash**, with the *Foot and Ankle Specialists*, and **Dr. Sameh Arebi**, of *Freiberg Orthopaedics and Sports Medicine* at one of Mercy's two special complimentary seminars near you!

Mt. Airy:

Monday, April 20th – 6:00 to 7:30 pm
Classroom (adjacent to the Cafeteria on 2nd floor)

Western Hills:

Tuesday, April 21st – 6:00 to 7:30 pm
Western Hills HealthPlex Conference Center
(adjacent to the hospital)

Seminars are **FREE**, no registration is required, and light refreshments will be served.

Call 513-853-5398 for more information — join Mercy and learn from the experts how to put the spring back in your step!

