



MEMBERSHIP APPRECIATION WEEK

November 9 – November 14

Monday 11/9

Meet Magic Johnson
Complimentary Water Day

Tuesday 11/10

Back Ache? Knee Pain?
Ask a Physical Therapist – 6-7pm

Wednesday 11/11

Free HealthPlex Water Bottle

Thursday 11/12

Chair Massage – 10am-12pm and 5-7pm

Friday 11/13

Giveaway Day!

Saturday 11/14

Health & Wellness Fair – 10am-2pm

Thank You for your commitment to health!