

**ANDERSON Practice Schedule Fall/Winter 2009-2010**  
**Tuesday, September 8<sup>th</sup> – Remainder of the Season**

**High School Group can practice until Friday, December 11<sup>th</sup> and  
 can rejoin after their high school season is finished.**

| <b><i>Group</i></b>                                 | <b><u>Monday</u></b> | <b><u>Tuesday</u></b> | <b><u>Wednesday</u></b>        | <b><u>Thursday</u></b> | <b><u>Friday</u></b>      | <b><u>Saturday</u></b> | <b><u>Sunday</u></b> |
|---|----------------------|-----------------------|--------------------------------|------------------------|---------------------------|------------------------|----------------------|
| <b><i>Gold and Part Times High School Group</i></b> | 4-6 pm               | 4-6 pm                | 5:30 – 6:45 AM*<br>4-6 pm      | 4-6 pm                 | 5:30 – 6:45 AM*<br>4-6 pm | 7-9 am                 | off                  |
| <b><i>Silver</i></b>                                | 4:30 -6 pm           | off                   | 5:30 – 6:45 AM*<br>4:30 – 6 pm | 7 -8:30 pm             | 4:30-6 pm                 | off                    | 4 – 5:30 pm          |
| <b><i>Bronze</i></b>                                | off                  | 4:30 – 6 pm           | off                            | 7–8:30 pm              | 6-7 pm                    | 1 – 2:30 pm            | off                  |
| <b><i>Black</i></b>                                 | off                  | 7 - 8:30 pm           | off                            | 4-5 pm                 | 6- 7 pm                   | 1 – 2:30 pm            | off                  |
| <b><i>Blue</i></b>                                  | off                  | 7 – 8 pm              | off                            | 5-6 pm                 | off                       | 12 -1 pm               | off                  |

\* - Morning Practices begin September 23<sup>rd</sup>, 2009