

St. Rita's In Step

Volume 44 Issue 42

St. Rita's Medical Center Employee Newsletter

October 23, 2009



■Facilities and Spiritual Care Weeks

■Cerner Downtime Nov.1

■Volunteer/Auxiliary Coat Drive

■H1N1

■New Vision bake Sale Friday

■Menu

InStep Articles Must Be Submitted to Carole Dugan by Noon on Wed. for the next InStep.



From Spiritual Care

*The tender mercy of God has given us one another.
Catherine McAuley*

from Chaplain Ginny Hartman

Seasonal Flu Vaccine Still Available



Dr. Stephen Huffman receives his H1N1 vaccine from nurse Ginny Schroeder at the Putnam County Ambulatory Care Center. See the H1N1 update on Page 3

Friday 10-23 is the last day Employee Health staff will be traveling to the units with seasonal flu shots. You may still receive your flu shot (or mist if under 49 yrs with no chronic conditions) in Employee Health or from the house supervisor for 2nd and 3rd shifts while supplies last.

Remember the **annual mandatory flu CBT is on ThingWise**. Everyone **must** complete the CBT. **Anyone refusing the flu vaccine must print off the Declination Form from the CBT, read and sign it, and give it to their manager.**

This week's winners of the \$25 gas cards drawn from those who received their vaccine are Teresa Massie -ER and Deb Calvelage-Cath Lab

Please note **H1N1 vaccine is available. We have followed the priority list provided by the CDC. Staff are being contacted directly. There is some H1N1 mist available for direct patient care staff. Please contact Employee Health**

For more information on H1N1 go to www.flu.gov

Remember anyone younger than 14 years old or anyone with any flu-like symptoms is not permitted visit patients on any floor.

2010 Benefit Information Coming

Watch your Message Center and your mail at home for details about the 2010 Benefit Packages. Open enrollment is Nov. 2-16.

Reducing Amount Of Blood Used Quality Initiative

About 80,000 times a day, physicians in the U.S. must decide whether to transfuse blood products into a patient. But often the decision is not an informed judgment based on established medical science, says anesthesiologist Timothy Hannon, MD, MBA, medical director of the St. Vincent Indianapolis Hospital Blood Management Program and president of Strategic Healthcare Group LLC, a blood management consulting company. It's more likely to be a snap judgment based on physicians' and nurses' comfort levels. This pattern of "drive-by transfusion," as he calls it, is hazardous to patients and why blood management programs are so important. Until now, such programs haven't been mandatory. But within the next few months, Dr. Hannon says, changing accreditation priorities, new Medicare payment policies, and economic realities will come together to create a "perfect storm" that will force hospitals to embrace blood management in a new way. "Blood management is not a new concept. But the environment now is going not a new concept. But the environment now is going to produce the change that's required." (Reprinted from CAP Newsletter)



VP John Meyer meets with Dr. Tim Hannon on the initial day of the Accelerated Change Management (ACM) process.

Cindy Mefferd, Director Quality Improvement, had this to say. "We have always focused on providing safe transfusions. Current trends focus on safe care and efficiency.. During the past decade a reassessment of the indications of the various blood components has occurred, mainly because of increased awareness of the risks with the administration of blood components such as disease transmission or volume overload. There are certain risks inherent with blood transfusions that have stimulated improved technologies to prepare and deliver blood components. Now we need to focus on assuring the clinical indications for the product are there and we are using these valuable resources as efficiently as we can."



Thank You

The following was received in Patient Accounts from a former patient who qualified for HCAP charity care

I thank you I thank you I love you for this. I didn't know what I was going to do. On Social Security you just don't have much money.

I am 81 years old. My wife passed away 4 years ago and I never did any housekeeping so I have to pay to have that done and eat out, plus my health is gone and I need all the help I can get.

I never thought this would happen. I love you all it is a great hospital and I wish I could of paid you.

Again I love you all at the hospital and thank you again and God Bless you all.

Cerner CIS And Network Downtime November 1

There will be a 2 hour Cerner CIS System downtime Sunday November 1 starting at 0130 AM EDT and lasting until 0230 AM EST for the Daylight Savings Time change to Standard Time.

Downtime procedures should be followed.

During this time, there will also be intermittent network outages to apply patches.

St. Rita's Medical Center

H1N1 Situation Report – Planning Section

Date and Time of Report: Oct. 20, 2009 **Incident Name:** H1N1 Fall 2009

Situation Overview: St. Rita's Incident Command Team continues to meet regularly to manage our H1N1 response. Our goal is to communicate consistent messages to our internal and external audiences.

General Information:

- The number of patients with flu-like symptoms is beginning to escalate at all sites.
- Emergency Department volume is very reflective of this increase in activity.

Flu-Mist Information for Employee Education:

- Live Attenuated influenza vaccine (LAIV) nasal mist may be given to non-pregnant health care personnel younger than 50 years without chronic health conditions.
- Health care workers are eligible for influenza nasal flu mist - the only exception is those who care for patients who have had a bone marrow/stem cell transplant.
- Use of LAIV (nasal mist) has been approved at SRMC by the Infection Prevention and Control Committee, since we do not treat patients who have bone marrow/stem cell transplants. No time off is required after administration of LAIV.
- Flu viruses can live up to 48 hours on environmental surfaces. Our hospital-grade disinfectants are effective against the flu viruses.

Isolation Precautions:

- When caring for patients who have suspect or confirmed H1N1 influenza, the following personal protective equipment (PPE) must be worn: N95 masks with goggles (or PAPR), gowns and gloves. In order to conserve the supply of N95 masks, the CDC recommends reuse of the mask as long as care is taken not to contaminate inside of mask upon removal. SRMC is following the CDC recommendations.
- H1N1 patients should be placed in negative pressure rooms when available. If no negative pressure room is available, they should be placed in a private room with door closed at all times. When patient is transported from the room, the patient is to wear a surgical mask.

Reporting Requirements:

- All employees when calling in sick should report to their supervisor if they are suffering from flu-like symptoms.

Direction and Control:

Any questions should be directed to your immediate supervisor or · **PIO:** Linda Chartrand at 419-226-9802

For General Flu Information:

1. www.flu.gov

New Vision Bake Sale And Raffle

New Vision Laboratory is holding a bake sale and raffle outside the High Street Cafe' on Friday, Oct. 23 from 10:00 a.m. to 1:00 PM. to benefit an employee with substantial medical expenses. **Cares about me**

Triumph Hospital -Lima Is Winner

Triumph Hospital - Lima located in St. Rita's was recognized this month by their corporate officers as the Hospital of the Year for Triumph Healthcare. This designation is in recognition of Quality Outcomes, Patient Satisfaction, Physician Satisfaction, Employee Satisfaction and Excellent Performance. Triumph Hospital - Lima cares for the highest acuity patients within the Triumph system and consistently demonstrates positive outcomes as measured by National Patient Safety Goals and Triumph Healthcare Core Measures. Triumph- Lima earned the Hospital of the Year designation in 2008 as well. Houston based Triumph Healthcare is the nations 3rd largest provider of Long Term Acute Care and operates 21 hospitals in 7 states. Congratulations to all the Triumph staff. **Recognition**

Mandatories Due October 31

Required Learning tests on Thinkwise are due October 31. Don't wait until the last minute. **Know what's expected... Learn & grow**

Facilities Week Oct. 25-31

Facilities week is dedicated to honoring the important role that Building and Grounds staff, facility managers and engineers have in ensuring a safe and functional environment for all patients, residents, visitors and staff within the hospitals that they are employed. There are over 40 individuals in the Facilities department consisting of :

- Heating, air-conditioning and ventilation technicians
- Plumbers, Electricians, General mechanics
- Grounds keepers, Painters, Carpenters
- A full time construction manager and draftsman

Our facilities department maintains over 1.2 million square feet of building and 60 acres of grounds at the main hospital. They also maintain facilities in Putnam county, Delphos Ambulatory Care, Eastside and Westside Urgent Care, Occupational Health and several other smaller buildings.

In addition they also maintains Fleet vehicles, Utilities services, Appearance and construction. Please take a moment to thank our excellent facilities crew for all they do. **Recognition.**

Patient Accounts Says Thanks

Patient Accounts Dept would like to thank everyone for joining in our celebration of "Patient Accounts Week." Our Open House was a great success. Thanks to ALL who made our week special.

Flu Questions Keep Call A Nurse Phones Ringing And Ringing

Do to an unprecedented number of calls about the flu, Call A Nurse has had to change their procedure to returning the call as soon as possible or **within 2 hours** .

Volunteer / Auxiliary Coat Drive

The Volunteer / Auxiliary Outreach Committee is sponsoring a coat drive for Lima City school students from Elementary to High School ages. Coats need to be clean and gently used. Please be a part of this worthy program.

Coats can be dropped off at the Health Resource Center in the main lobby from October 19th to November 13th.

Thank you for joining us to help those in need. **Mission**

New Phone Books

New Embarq phone books are available in communications in the K tower lower level on Monday October 19. Please pick them up for the entire department if possible. If you need a large number (more than 20 books) please contact Aimee Banks at ext. 5788 to make arrangements.

Please drop off your old books in communications or in the cartons on 3G for recycling.

Have materials and equipment

Thanksgiving Food Drive For West Ohio Food Bank



A food drive is currently going on in all nursing units to donate to The West Ohio Food Bank for Thanksgiving. Non perishable food such as canned goods and boxed items will be accepted in each nursing unit and in the Health Resource Center. Also monetary donations will be accepted. Flyers are available in each nursing unit for any monetary donation. The West Ohio Food Bank is in the process of trying to purchase the building where they are currently located. Our goal is to raise enough money to purchase a room at the Food Bank under St. Rita's name and we are getting closer.! Any questions please contact Renae Eversole on 6K (2411).

Pamphlets with envelopes and food collection boxes are available in each nursing unit and the Health Resource Center.

Mission,

Pink Yoplait Lids Wanted

Kathy Kovachek is again collecting pink Yoplait yogurt lids . Yoplait donates 10 cents per lid to the Komen Foundation for breast cancer research for all returned lids from the specially marked Yoplait yogurt .Clean lids can be sent to Kathy in Radiology.

Mission,

October 25 - 31 Is Spiritual Care Week

This year's theme is Supportive Presence: Where There is Life, There is Hope. As a faith based organization we recognize spiritual care as an essential component in healing. Chaplains provide a supportive presence and assist with empowering patients and families to find meaning out of their illness/injury. Chaplains can offer hope in the midst of change and be a supportive presence to patients and families during the stress, loss and adjustment that illness/injury/hospitalization can bring. Chaplains can assist individuals to find spiritual strength, coping mechanisms, and God's presence in their current situation.

We are fortunate at St. Rita's to have a wonderful Spiritual Care team. Please take time this week to thank and recognize our Chaplains and the Spiritual Care staff.

Recognition... Employees committed to quality

You're in the Pink

Girls Nite Out Oct. 28 at DeHavens 6:30-9:00 PM

Proceeds benefit the Komen Foundation. Tickets are \$10 in advance or \$12.00 at the door. Reserved table of 8 is \$75.00. Refreshments, entertainment and special prizes. The event sold out last year so get your tickets early at DeHaven. Call 419-227-7003 for more information. **Mission,**

Support Our Troops Collection

The Volunteer / Auxiliary Outreach Committee, will again be sending non-perishable items to our troops overseas. Collection containers are placed throughout the medical center asking for donations through **November 2nd**. The Outreach Committee will package and mail items the week of November 2nd. Suggested items are DVD's, magazines, chapsticks, moisturizing lotions, small antibacterial lotions, beef jerky, slim jims, individual crystal lite packets, microwave popcorn, protein/snack/ breakfast bars, instant oatmeal, Twizzlers, small canned veggies and snack packs of pretzels etc. Checks and cash donations are welcome. Please make checks out to St. Rita's Auxiliary. **Employees who have family members or friends overseas, should e-mail their address to stritasvolunteers@health-partners.org** . We will do our best to see that a box of goodies is sent to them.

Upcoming Events

**Employee Awards
Banquet** Nov. 17

Turkey Distribution
Nov. 20

**Employee Christmas
Meal** Dec. 9

**Cares about me...
Recognition**

High Street



High St Café News

The criteria follow the American Heart Association guidelines

- Meal is 500 calories, less than 30% of its calories from fat, under 700 mg of Sodium

500 Calorie Healthy Habits Meal

Look for the Red Entrée.



This Week's Soups

- Monday, Baked Potato or Gumbo
Tuesday, Baked Potato or Minestrone
Wednesday, Chicken Noodle or Tomato with Basil Bisque
Thursday, Chicken Noodle or Clam Chowder
Friday, Chicken Noodle or French Onion

Sunday Oct. 25th

Grill: Buffalo Chicken Sandwich
Entrée: Meat Lasagna

Grill: Wings
Deli: Cranberry Chicken Salad
Sauté: Salad Station
Pizza: Hawaiian Pizza
Entrée: Citrus Chicken, Healthy Choice, Vegetable Lasagna, Beef Burgundy
Self Serve: Chicken Chunk Bar

Monday Oct. 26th

Grill: Rueben Sandwich
Deli: Club Panini
Sauté: Mongolian Grill
Pizza: Greek Pizza
Entrée: Tilapia, Healthy Choice, Sweet and Sour Chicken, Bubba Chicken
Self Serve: Mexican Bar

Tuesday Oct 27th

Grill: Porkie Sandwich
Deli: Waldorf Turkey
Sauté: Pasta Bar
Pizza: Jamaican Jerk Pizza
Entrée: Chicken Venice, Healthy Choice, Chicken Fricassee, Rigatoni
Self Serve: Pasta Bar

Wednesday Oct. 28st

Grill: Greek Quesadilla
Sauté: Mongolian Grill
Deli: Chef's Choice
Pizza: Vegetable Calzones
Entrée: Mahi Mahi with Pineapple S, Healthy Choice, Chicken Alfredo, Pot Roast
Self Serve: Jalapeno Pretzels

Thursday Oct. 29nd

Grill: Chicken Club
Sauté: Chef's Choice
Pizza: Cheese Garlic Bread
Deli: BBQ Chicken Wrap
Entrée: Cabbage Rolls, Healthy Choice, Linguine with Meatballs, Chicken Parmesan
Self Serve: Dessert Bar

Friday Oct. 30th

Entrée: Chicken Stir Fry
Grill: Panini's

Saturday Oct. 31th